

# LET'S GET COOKING

## November 2025

Lunch

### MONDAY

3

- Lunch
- BBQ Cheddar Chicken Sandwich
  - Sunbutter & Grape Jelly Sandwich
  - Seasoned Black Beans
  - Brown Rice
- Sides for All Meals
- BBQ Baked Beans
- Fruit & Vegetable Bar
- Fresh Orange Wedges
  - Apple Cinnamon Slices
  - Fresh Carrots
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

### TUESDAY

4

### WEDNESDAY

5

- Lunch
- Toasty Cheese Sandwich
  - Campbell's Tomato Soup
  - Hummus & Veggie Bento Box
  - Seasoned Black Beans
  - Brown Rice
- Sides for All Meals
- French Fries
- Fruit & Vegetable Bar
- Fresh Orange Wedges
  - Fruit Cocktail
  - Fresh Carrots
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

### THURSDAY

6

- Lunch
- Turkey Taco Tots
  - Cilantro Lime Brown Rice
  - Sunbutter & Grape Jelly Sandwich
  - Baja Beans
  - Brown Rice
- Sides for All Meals
- Peas and Carrots
- Fruit & Vegetable Bar
- Fresh Banana
  - Cinnamon Diced Peaches
  - Fresh Broccoli Florets
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

### FRIDAY

7

- Lunch
- Classic Cheese Pizza
  - Turkey Ham & Cheese on Pretzel Roll
  - Seasoned Black Beans
  - Brown Rice
- Sides for All Meals
- Corn
- Fruit & Vegetable Bar
- Fresh Red Delicious Apple
  - Blue Raspberry Lemon Frozen SideKicks
  - Fresh Carrots
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

10

- Lunch
- Whole Grain French Toast Sticks
  - Breakfast Syrup
  - Turkey Sausage Patty
  - Turkey, Cheese, Flatbread & Cucumber Bento Box
  - Baharat Spiced Chickpeas
  - Brown Rice
- Sides for All Meals
- Tater Tots
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
  - Pineapple Tidbits
  - Fresh Broccoli Florets
  - Spinach & Romaine Salad
- Milk & Condiments
- 1% Low-fat Milk
  - Chocolate Low Fat Milk

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12

- Lunch
- Home-style Beef and Bean Chili
  - Cornbread
  - Turkey, Cheese, Flatbread & Cucumber Bento Box
  - Baharat Spiced Chickpeas
  - Brown Rice
- Sides for All Meals
- Seasoned Broccoli
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
  - Tropical Fruit Cocktail
  - Fresh Grape Tomatoes
  - Spinach & Romaine Salad
- Milk & Condiments
- 1% Low-fat Milk
  - Chocolate Low Fat Milk

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- Lunch
- Mashed Potato & Chicken Bowl
  - Hawaiian Roll
  - Popcorn Chicken & Romaine Salad
  - Ranch Dressing
  - Croutons
  - Seasoned Black Beans
  - Brown Rice
- Sides for All Meals
- Seasoned Corn
- Fruit & Vegetable Bar
- Fresh Orange Wedges
  - Applesauce
  - Carrot & Celery Sticks
  - Spinach & Romaine Salad
- Milk & Condiments
- 1% Low-fat Milk
  - Chocolate Low Fat Milk

14

- Lunch
- Classic Cheese Pizza
  - Vanilla Smoothie Bowl Base
  - Cinnamon Granola
  - Baharat Spiced Chickpeas
  - Brown Rice
- Sides for All Meals
- Savory Green Beans
- Fruit & Vegetable Bar
- Fresh Pear
  - Blue Raspberry Lemon Frozen SideKicks
  - Fresh Grape Tomatoes
  - Spinach & Romaine Salad
- Milk & Condiments
- 1% Low-fat Milk
  - Chocolate Low Fat Milk

17

- Lunch
- Jumbo Crispy Chicken Tenders
  - Hawaiian Roll
  - Turkey & Cheese Sandwich
  - Baja Beans
  - Brown Rice
- Sides for All Meals
- Italian Vegetables
- Fruit & Vegetable Bar
- Sliced Fresh Strawberries
  - Fruit Cocktail
  - Fresh Carrots
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

18

- Lunch
- Turkey Nachos
  - Salsa
  - Sunbutter & Grape Jelly Sandwich
  - Mexican Style Pinto Beans
  - Brown Rice
- Sides for All Meals
- Mexican Style Pinto Beans
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
  - Fresh Red and Green Seedless Grapes
  - Corn & Black Bean Salsa Salad
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

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- Lunch
- Toasty Cheese Sandwich
  - Campbell's Tomato Soup
  - Crunchy Very Berry Parfait
  - Baja Beans
  - Brown Rice
- Sides for All Meals
- French Fries
- Fruit & Vegetable Bar
- Sliced Fresh Strawberries
  - Fruit Cocktail
  - Fresh Cauliflower Florets
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

20

- Lunch
- Deli Turkey
  - Hawaiian Roll
  - Apple Cranberry Crisp
  - Turkey Gravy
  - Sunbutter & Grape Jelly Sandwich
  - Seasoned Black Beans
  - Brown Rice
- Sides for All Meals
- Green Beans
  - Mashed Potatoes
- Fruit & Vegetable Bar
- Fresh Banana
  - Fresh Red and Green Seedless Grapes
  - Fresh Carrots
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

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- Lunch
- Classic Cheese Pizza
  - Turkey & Cheese Sandwich
  - Baja Beans
  - Brown Rice
- Sides for All Meals
- Mexicali Corn
- Fruit & Vegetable Bar
- Fresh Granny Smith Apple
  - Blue Raspberry Lemon Frozen SideKicks
  - Fresh Cauliflower Florets
  - Small Caesar Salad
  - Creamy Caesar Dressing
- Milk & Condiments
- Chocolate Low Fat Milk
  - 1% Low-fat Milk

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🌮 11/6 Nacho Day, 🥪 11/3 Sandwich Day

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If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

**Menus Subject to Change** We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.